

FreeSpirit

Flock Together

Skill Level:

Advanced
Beginner

FreeSpirit
presents:
Flock Together by
Kathy Doughty



Technique:	Piecing and Quilting
Designed By:	Kathy Doughty
Brand:	FreeSpirit Fabric
Crafting Time:	longer term

Flock Together is a textile collection designed specifically for quilters. As an experienced quilter herself, Kathy Doughty of Material Obsession has a deep understanding of quilters' needs and has created a fabulous mix of florals, stripes, and geometrics that will please both traditional and modern quilting enthusiasts.

Finished Size:

60" x 80" (152cm x 203cm)

Fabric Requirements:

- (A) Ring Around the Medallion PWMO006.8CONT ¾ yard (0.69m)
(B) Chatting Birds PWMO001.8CONT 1 yard (0.92m)
(C) Graphic Tracks PWMO004.8CONT 2 ½ yards (2.29m)
(D) Decorative Stripe PWMO002.8CONT 2 ½ yards (2.14m)
(E) Field of Flowers PWMO003.8CONT 1 ⅓ yards (1.22m)
(F) Paisley Flower PWMO005.8CONT 1 ⅓ yards (1.22m)
(Backings) Field of Flowers PWMO003.8CONT 5 yards (4.58m)

Additional Requirements:

Sewing Machine
68" x 88" (173cm x 224cm) quilt batting
Rotary cutter/mat/plastic ruler
Iron/pressing board
Basic sewing supplies

makeitcoats.com

freespiritfabric.com

FS0577

Page 1 of 4

Make it
COATS

Cutting:

Notes: WOF - Width of Fabric, LOF – Length of fabric

Fabric A, fussy cut:

(2) 16 ½" x 16 ½" (41.91cm x 41.91cm)

Fabric B, cut:

(2) 16 ½" x WOF (41.91cm x WOF), sub-cut
(3) 16 ½" x 16 ½" (41.91cm x 41.91cm)

Fabric C, fussy cut:

(2) 11 ½" x 80 ½" (29.21cm x 204.47cm) LOF border stripe
(20) 8 ½" x 8 ½" (21.59cm x 21.59cm), from the remaining fabric

Fabric D, fussy cut:

(2) 3 ½" x 80 ½" (8.89cm x 204.47cm) LOF

Fabric E, cut:

(3) 8 ½" x WOF (21.59cm x WOF); sub-cut
(12) 8 ½" x 8 ½" (21.59cm x 21.59cm)
(7) 2 ½" x WOF (6.35cm x WOF), for binding

Fabric F, cut:

(5) 8 ½" x WOF (21.59cm x WOF); sub-cut
(10) 8 ½" x 16 ½" (21.59cm x 41.91cm)

Backing Fabric, cut:

(2) 88" x WOF (224cm x WOF)

Sewing:

Note: Use a ¼" (0.64cm) seam allowance throughout. Sew all pieces with right sides together and raw edges even using matching thread.

Square-in-a-Square Blocks

1. Place (1) 8 ½" (21.59cm) Fabric C square on the upper left corner of (1) 16 ½" (41.91cm) Fabric B square, right sides together (Fig. 1). Sew across the diagonal of the smaller square from the upper right corner to the lower left corner (Fig. 1). Flip open the triangle formed and press (Fig. 2). Trim the excess fabric from behind the triangle ¼" (0.64cm) away from the sewn seam.

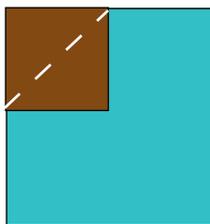


Fig. 1

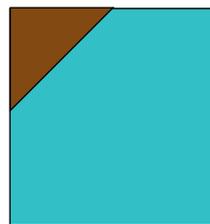


Fig. 2

2. Noting orientation of the diagonal stitching shown, add an 8 ½" (21.59cm) Fabric C square to each of the remaining corners of the 16 ½" (41.91cm) Fabric B square, stitching and trimming as before to make (1) block (Figs. 3-4).

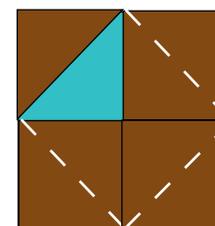


Fig. 3

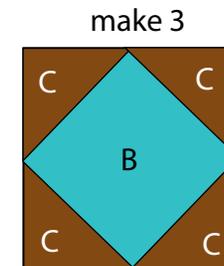


Fig. 4

3. Repeat steps 1 and 2 to make (3) blocks total.

Flying Geese Units

4. Place (1) 8 ½" (21.59cm) Fabric E square on the left side of (1) 8 ½" x 16 ½" (21.59cm x 41.91cm) Fabric F strip, right sides together. Sew across the diagonal of the square from the upper right corner to the lower left corner (Fig. 5). Flip open the triangle formed and press (Fig. 6). Trim away the excess fabric from behind the triangle, leaving a ¼" (0.64cm) seam allowance.

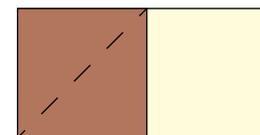


Fig. 5

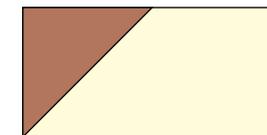
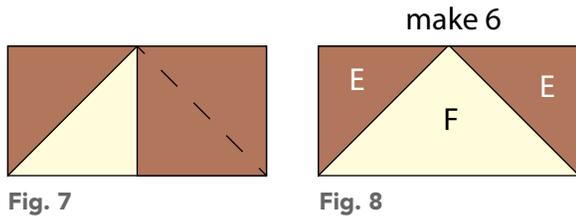
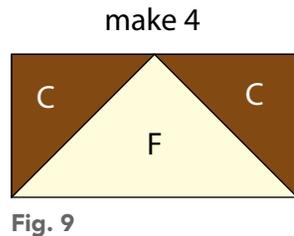


Fig. 6

5. Place another 8 ½" (21.59cm) Fabric **E** square on the right side of the 8 ½" x 16 ½" (21.59cm x 41.91cm) Fabric **F** strip, right sides together. Sew across the diagonal of the square from the upper left corner to the lower right corner (Fig. 7). Flip open the triangle formed and press. (Fig. 8) Trim away the excess fabric from behind the triangle, leaving a ¼" (0.64cm) seam allowance to make (1) EFE unit.



6. Repeat steps 4 and 5 to make a total of (6) EFE units.
7. Repeat steps 4 and 5 again, this time using (4) 8 ½" x 16 ½" (21.59cm x 41.91cm) Fabric **F** strips and (8) 8 ½" (21.59cm) Fabric **C** squares to make (4) CFC units (Fig. 9).



Assembly:

(Follow the Quilt Layout while assembling the quilt.)

8. Noting orientation, sew (3) EFE units and (2) CFC units alternately together, end to end, to make a side column. Repeat to make a second side column.
9. Sew (3) blocks and (2) 16 ½" (41.91cm) Fabric **A** squares alternately together to make the center column.

10. Stitch a side column to each long side of the center column to assemble the quilt center.

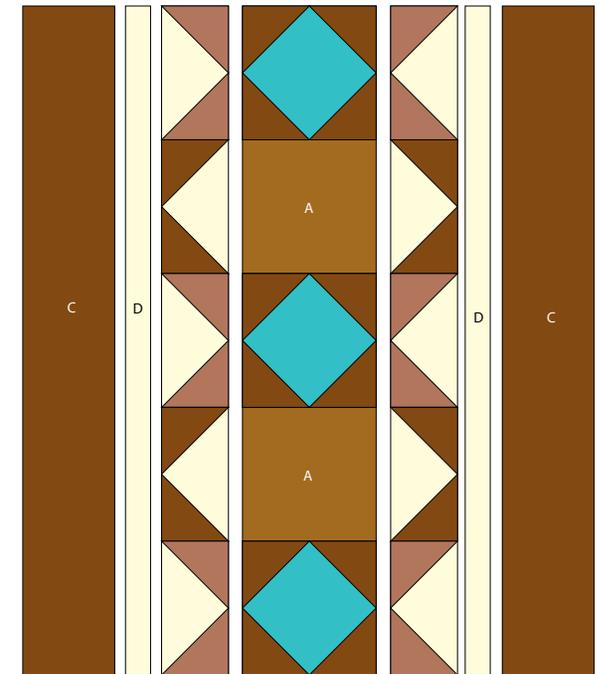
11. Stitch the (2) 3 ½" x 80 ½" (8.89cm x 204.47cm) Fabric **D** strips to each long side of the quilt top. Sew the (2) 11 ½" x 80 ½" (29.21cm x 204.47cm) Fabric **C** strips to each long side of the quilt center. The quilt top should measure 60 ½" x 80 ½" (153.67cm x 204.47cm).

Finishing:

12. Layer the backing right side down, batting, and quilt top right side up. Quilt or tie as desired.
13. Prepare binding from (7) 2 ½" x WOF (6.35cm x WOF) Fabric **E** strips. Sew strips short ends together into one long strip. Press strip in half lengthwise with wrong sides together.
14. Carefully trim backing and batting even with quilt top.

15. Leaving an 8" (20.32cm) tail, sew binding to top of quilt through all layers matching all raw edges. Miter corners. Stop approximately 12" (30.48cm) from where you started. Lay both loose ends of binding flat along quilt edge. Where these two loose ends meet, fold them back on themselves and press to form a crease. Using this crease as your stitching line, sew the two open ends of the binding together right sides together. Trim seam to ¼" (0.64cm) and press open. Finish sewing binding to quilt.

16. Turn binding to back of quilt and blind stitch in place.



Fabric Key

(A) Ring Around the Medallion PWMO006.8CONT

(B) Chatting Birds PWMO001.8CONT

(C) Graphic Tracks PWMO004.8CONT

(D) Decorative Stripe PWMO002.8CONT

(E) Field of Flowers PWMO003.8CONT

(F) Paisley Flower PWMO005.8CONT

(Backing) Field of Flowers PWMO003.8CONT



(A)



(B)



(C)



(D)



(E)



(F)



(Backing)