

Free Spiril T

Featuring Touchstones by Shell Rummel

Collection:	Touchstones by Shell Rummel				
Technique:	Pieced, Raw-edge Fusible Machine Appliqué				
Skill Level:	Advanced Beginner				
Finished Size:	62" (1.57m) Square				

All possible care has been taken to assure the accuracy of this pattern. We are not responsible for printing errors or the manner in which individual work varies. Please read the instructions carefully before starting this project. If kitting, it is recommended a sample is made to confirm accuracy.

Free Spirit 🖉

Project designed by Natalie Crabtree | Tech edited by Alison M. Schmidt

Fabric Requirements

1¹/₂ yards paper-backed fusible web

Optional: 1¹/₂ yards tear-away stabilizer

DESIGN	COLOR	ITEM ID	YARDAGE			
(A) Sunrise to Sunset	Ocean	PWSR058.OCEAN	1 ² / ₃ yards (1.52m)			
(B) Treasure	Navy	PWSR060.NAVY	¼ yard (0.23m)			
(C) Treasure Small	Coral	PWSR061.CORAL	⅓ yard (0.30m)			
(D) Mosaic Geo	Turquoise	PWSR064.TURQUOISE	⅓ yard (0.30m)	(A)	(B)	
(E) Chevron	Navy	PWSR066.NAVY*	½ yard (0.80m)	(A)	(B)	(C)
(F) Reflections	Clay	PWSR067.CLAY	1½ yards (1.03m)			
(G) Reflections	Pool	PWSR067.POOL	½ yard (0.46m)			
(H) Designer Essential Solids	Mist	CSFSESS.MISTX	2¼ yards (2.06m)	Cited of the Cited of		
* includes binding						
Backing (Purchased Separately) (D) (E) (F)						
44" (1.12m) wide						
Treasure Small	Coral	PWSR061.CORAL	4½ yards (3.77m)			
Additional Recommendations						
 100% cotton thread in color 70" x 70" (1.78m x 1.78m) b Template plastic 				(G)	(H)	Backing 44"

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Preparation

1. Print the template patterns (pages 11-14) at 100%/actual size and measure to confirm correct size. Trace one each of following shapes onto template plastic and cut out on the outer solid lines:

Triangle, Small and Large Kites, and Small and Large Left and Right Corners (7 total)

2. If desired, you can also make tracing templates of the Melon and Large and Small Quarter-Circle template patterns. Use a light box or other light source to trace the following quantities onto the paper side of the fusible web in the quantities listed below, leaving about ¹/₂" between tracings:

Melon Templates – trace 4 times Large Quarter - Circle Template – trace 8 times Small Quarter - Circle Template – trace 48 times

3. Cut the tracings apart with approximately ¹/₄" around each tracing.

Cutting

WOF = Width of Fabric

Fabric A, cut:

(2) 25" x WOF; subcut (2) 25" squares and (1) 14¹/₂" square

NOTE: The final look of your quilt may vary depending on the cut of your fabric.

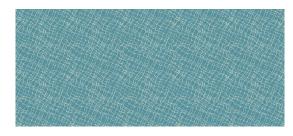
Fabric C, cut:

(1) 7¹/₄" x WOF; subcut (2) 7¹/₄" squares

Fabric D, cut:

4 Large Kites (noting orientation of print)

Fabric D Cutting Diagram



Fabric E, cut: (7) 2¹/₂" x WOF binding strips 4 Triangles 8 Small Kites (noting orientation of stripe)

Fabric E Cutting Diagram



Fabric E: Cut 4 triangles and 8 small kites noting orientation of chevron stripe.

Fabric F, cut:

(1) 6" x WOF; subcut
(4) 6" squares
(2) 5¹/₈" squares
(7) 4" x WOF for outer border

Fabric H, cut:
(1) 7¹/₂" x WOF; subcut

(4) 7¹/₂" squares

(1) 7¹/₄" x WOF, subcut

(2) 7¹/₄" squares

(1) 6" x WOF; subcut

(4) 6" squares
(4) 3" squares

(1) 5¹/₂" x WOF; subcut

(8) 5¹/₂" squares (you may need to cut from the remainder of a larger strip)

(6) 4" x WOF for inner border
(3) 2⁵/₈" x WOF; subcut

(44) 2⁵/₈" squares

8 each Large Left and Right Corners
8 each Small Left and Right Corners

Note: Arrange the following tracings, fusible side down on the wrong side of the indicated fabrics, fuse in place following manufacturer's guidelines, then cut out on the drawn lines.

Fabric B, fuse and cut:

8 large quarter-circles

Fabric E, fuse and cut: 16 small quarter-circles (noting orientation of stripe)

Fused Fabric E Cutting Diagram



Fabric F, fuse and cut: 12 small quarter-circles

Fabric G, fuse and cut: 4 melons 20 small guarter-circles

Instructions

Note: Use a $\frac{1}{4}$ " (.64cm) seam allowance throughout. Sew all pieces with right sides together and raw edges even using matching thread. Press as directed after each seam.

Block Construction

 Mark a diagonal line from corner to corner of each 7¹/₂" Fabric H square. With marked side up and noting orientation, place marked H squares on 2 opposite corners of the 14¹/₂" Fabric A squares. Sew along the marked lines, trim the seam allowance to ¹/₄", and press corners open. Repeat on the remaining 2 corners as shown to complete the Center Unit. Fig. 1

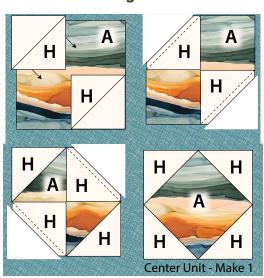
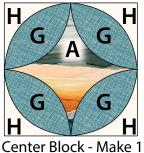


Fig. 1

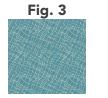


Arrange the prepared Fabric G melon appliqués on the Center Unit as shown, making sure the melons do not cover the ¹/₄" seam allowance at the outer edges of the unit. Following manufacturer's instructions, fuse the melons to the unit. If desired, back with tear-away stabilizer (optional). Using a matching thread, machine-stitch around raw edges of melons to secure, using a zigzag, satin, or blanket stitch. Remove stabilizer if used. Center Block measures 14¹/₂" square (unfinished).
 Fig. 2





 Mark a diagonal line from corner to corner on each 6" Fabric H square. If desired, mark 2 additional lines each ¹/₄" away from the first (center line). Fig. 3



4. With marked side up, align a marked H square with a 6" Fabric F square, aligning all edges. Stitch along the 2 outside lines (or ¹/₄" from center line if you only marked one line). Cut apart on the center line. Press each unit open. Centering seam, trim each to 5¹/₂" square, including seam allowances. Repeat to make a total of 8 of Unit 1. Fig. 4

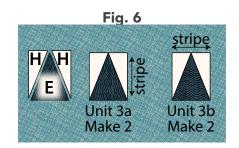




Sew 1 each Fabric H Large Left and Right Corners to long sides of a Fabric D Large Kite. Make a total of 4 of Unit 2 (5¹/₂" square unfinished). Fig. 5



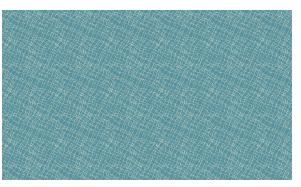
 Sew 1 each Fabric H Large Left and Right Corner to the long sides of a Fabric E Triangle. Repeat to make a total of 2 each Units 3a and 3b, noting orientation of Fabric E (4¹/₂" x 5¹/₂" unfinished). Fig. 6



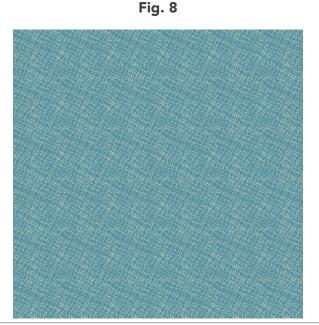


 Arrange 2 of Unit 1 and 1 Unit 3b along the sides of the Center Block. Sew units into side borders, then sew to right and left sides of the Center Block. Fig. 7

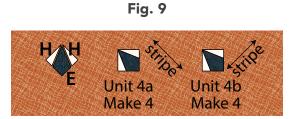




 Arrange 2 each of Unit 1 and Unit 2, and 1 Unit 3a above and below the Center Block. Sew units into top/bottom borders, then sew to top and bottom of Center Block to complete Center Section (24¹/₂" square unfinished). Fig. 8



 Sew 1 each Fabric H Small Left and Right Corners to the long sides of a Fabric E Small Kite. Make a total of 4 each of Units 4a and 4b, noting orientation of chevron stripe (2⁵/₈" square unfinished). Fig. 9



10. Cut all 5¹/₈" Fabric F and 3" Fabric H squares in half diagonally once. Arrange 1 each Units 4a and 4b between 2 each Fabric H triangles as shown and sew together. Add a Fabric F triangle along the long edges of each unit. Make a total of 2 each Units 5a and 5b (4³/₄" square unfinished). Fig. 10





11. Arrange a prepared Fabric B Large Quarter-Circle appliqué on a Fabric H 5¹/₂" square, aligning straight edges. Refer to Step 2 to complete the fusible appliqué. Make a total of 8 of Unit 6 (5¹/₂" square unfinished). Fig. 11





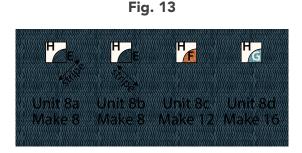


12. Arrange a prepared Fabric G Small Quarter-Circle appliqué on the Fabric F corner of Units 5a and 5b, aligning the straight edges. Refer to Step 2 to complete the fusible appliqué. Make a total of 2 each Units 7a and 7b (4³/₄" square unfinished). Fig. 12





13. Arrange the prepared Fabric E, F, and G Small Quarter-Circle appliqués on the Fabric H 2⁵/₈" squares, aligning the straight edges. Refer to Step 2 to complete fusible appliqué. Make a total of 8 each Fabric E/H Units 8a and 8b (noting orientation of Fabric E), 12 Fabric F/H Unit 8c, and 16 Fabric G/H Unit 8d (2⁵/₈" square unfinished). Fig. 13



14. Arrange 1 each Unit 4a and 8c, and 2 of Unit 8d in 2 rows as shown. Stitch into rows to make a Unit 9a, noting orientation of Fabric E (4³/₄" square unfinished). Repeat to make 2 each of Units 9a, 9b (using 1 each Unit 4b and 8c, and 2 Unit 8d), 10a (using 2 Unit 8a and 1 each Unit 8c and 8d) and 10b (using 2 Unit 8b, and 1 each Unit 8c and 8d) – 8 units total. Fig. 14





15. Arrange 1 each Unit 7a and 9a, and 2 of Unit 10a in 2 rows as shown. Stitch into rows. Make a total of 2 of Block 1 (9" square unfinished). Fig. 15



red **Fabric E, F**



16. Arrange 1 each Unit 7b and 9b, and 2 of Unit 10b in 2 rows as shown. Stitch into rows. Make a total of 2 of Block 2 (9" square unfinished). Fig. 16





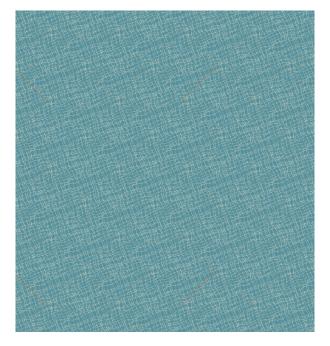
17. Cut all the Fabric C and H 7¹/₄" squares in half diagonally twice. Sew 1 each Fabric C and H 7¹/₄" triangles to the Fabric B sides of a Unit 6 as shown. Make a total of 4 each Blocks 3a and 3b (9³/₈" x 9³/₈" x 13¹/₄" unfinished). Fig. 17





18. Sew 1 each Blocks 3a and 3b to adjoining sides of each Block 1 and 2. Make a total of 2 each Top/Bottom Point Sections and Side Point Sections (17⁷/₈" x 17⁷/₈" x 25¹/₄" unfinished). Fig. 18





Quilt Top Assembly

Note: Measure the Quilt Center width and height before cutting and adding borders and adjust border measurements if necessary to match your measurements.

- **19.** Noting the **Quilt Layout** diagram (page 10), stitch the Top/Bottom and Side Point Sections to the Center Section.
- 20. With the watercolor stripes running horizontally across the square, cut a 25" Fabric A square in half diagonally once. With the same print orientation, cut the second 25" Fabric A square in half diagonally once in the opposite direction. Fig. 19





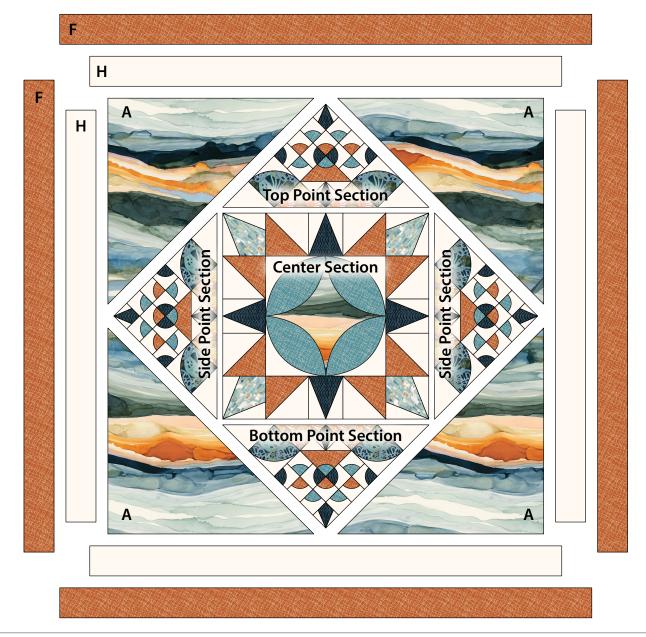
- **21.** Sew a **Fabric A** triangle to each side of the step 19 unit, keeping the triangles oriented the same as they were cut to keep the stripes running horizontally across the quilt center. Trim to $48\frac{1}{2}$ " square (if needed).
- **22.** Stitch all the 4" x WOF **Fabric H** strips together end-to-end. Cut 2 side borders 48½"-long. Sew borders to right and left sides of quilt. Press toward borders. Cut 2 top/bottom borders 55½"-long. Sew the remaining border strips to top and bottom of quilt. Press toward borders.
- **23.** Repeat Step 22 to make and add 4" x WOF **Fabric F** side borders (55½" long) and top/bottom (62½" long) borders to the quilt.

Finishing

- **24.** Sew together the 2¹/₂" **Fabric E** binding strips end-to-end using diagonal seams. Press seams open. Press the binding strip in half wrong sides together.
- **25.** Layer backing (wrong side up), batting, and quilt top (right side up). Baste the layers together and quilt as desired. Trim excess batting and backing even with the top after quilting is completed.
- **26.** Leaving an 8" tail of binding, sew the binding to the top of the quilt through all layers matching all raw edges. Miter corners. Stop approximately 12" from where you started. Lay both loose ends of binding flat along quilt edge. Where the loose ends meet, fold them back on themselves and press to form a crease. Using this crease as your stitching line, sew the two open ends of the binding right sides together. Trim seam to ¹/₄" and press open. Finish sewing binding to quilt.
- **27.** Turn the binding to the back of quilt and hand-stitch in place.

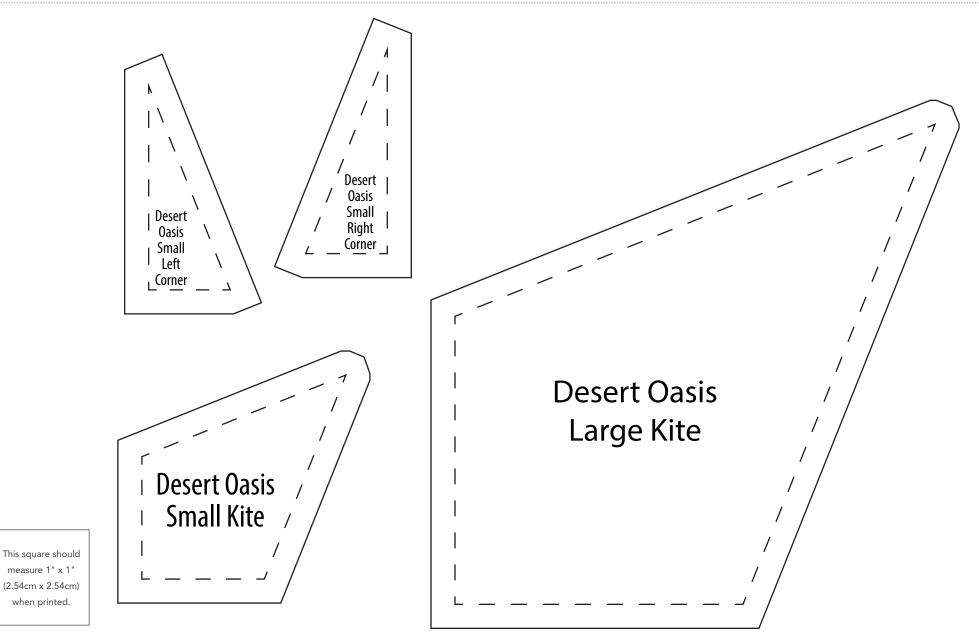


Quilt Layout



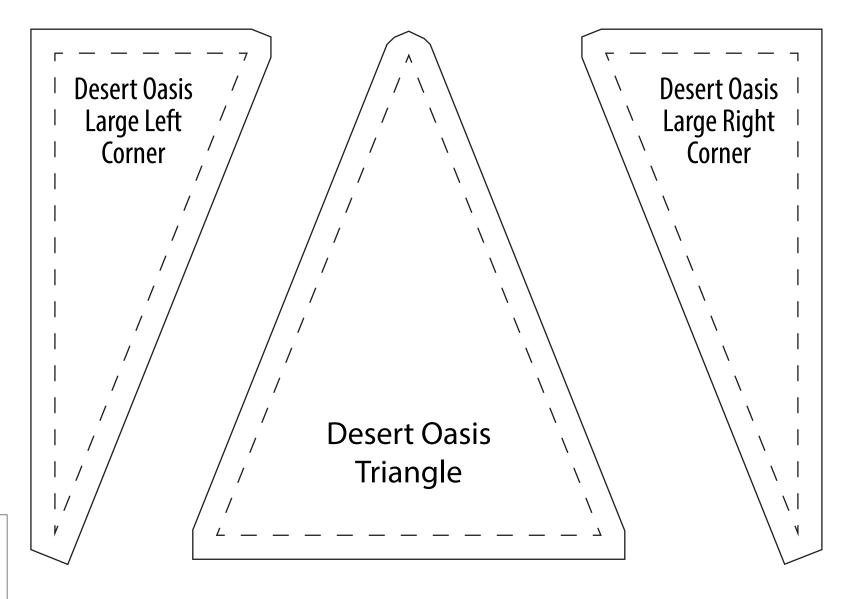
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*** Measure templates before cutting to confirm printing at 100%***

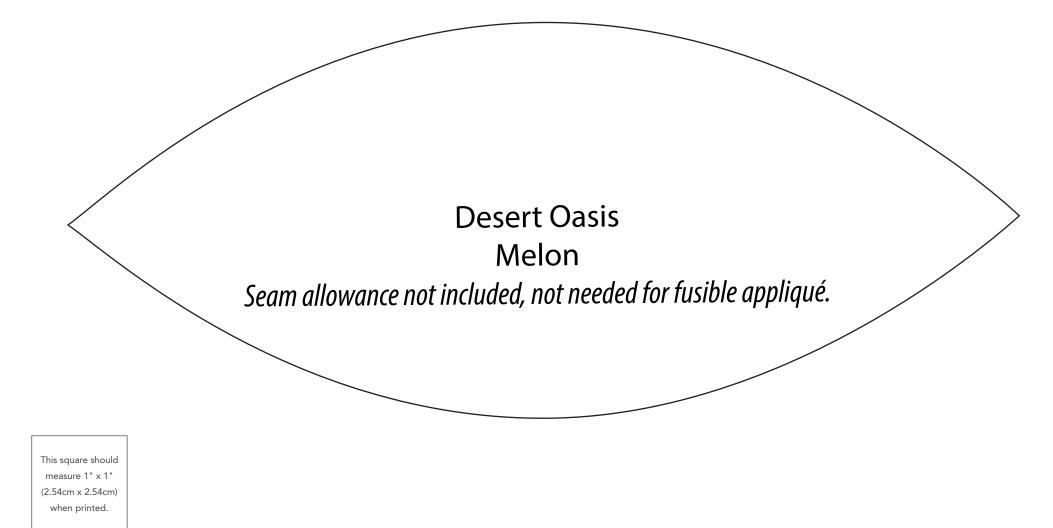




This square should measure 1" x 1" (2.54cm x 2.54cm) when printed.

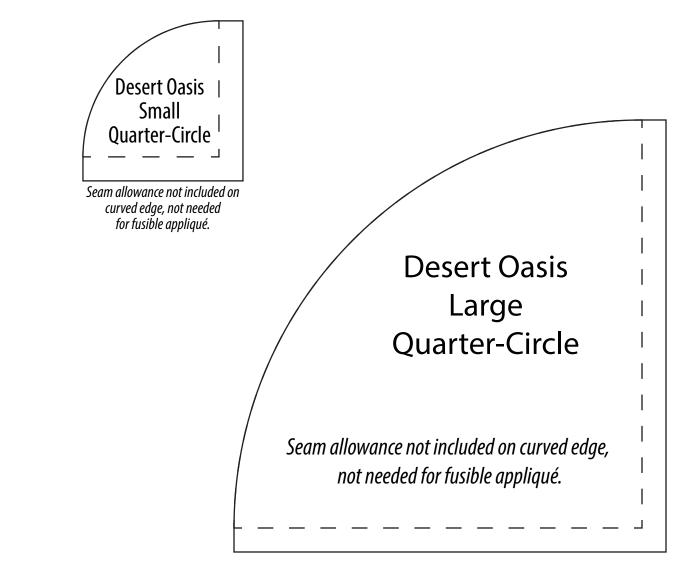
*** Measure templates before cutting to confirm printing at 100%***





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