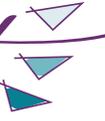


Free Spirit 

# Morning Breeze Quilt

Featuring *Stillness in Nature* by  
Denise Burkitt

Creating movement from stillness. A simple bargello quilt featuring *Stillness in Nature* by Denise Burkitt.

<b>Collection:</b>	Stillness in Nature by Denise Burkitt
<b>Technique:</b>	Strip Piecing, Quilting
<b>Skill Level:</b>	Advanced Beginner
<b>Finished Size:</b>	43" x 52 <sup>1</sup> / <sub>2</sub> " (109.22cm x 133.35cm)

*All possible care has been taken to assure the accuracy of this pattern. We are not responsible for printing errors or the manner in which individual work varies. Please read the instructions carefully before starting this project. If kitting, it is recommended a sample is made to confirm accuracy.*

Project designed by : Kerri Thomson | Tech edited by Alison M. Schmidt

## Fabric Requirements

DESIGN	COLOR	ITEM ID	YARDAGE
<b>(A) Floating Along</b>	Multi	PWDB016.MULTI	1 <sup>5</sup> / <sub>8</sub> yards (1.49m)
<b>(B) Dew Drops</b>	Aqua	PWDB021.AQUA	<sup>3</sup> / <sub>8</sub> yard (0.34m)
<b>(C) Pollen in Flight</b>	Citron	PWDB017.CITRON	<sup>3</sup> / <sub>8</sub> yard (0.34m)
<b>(D) All in Together</b>	Moss	PWDB018.MOSS	<sup>1</sup> / <sub>2</sub> yard (0.46m)
<b>(E) In the Breeze</b>	Citron	PWDB022.CITRON	<sup>3</sup> / <sub>8</sub> yard (0.34m)
<b>(F) Mirage</b>	Moss	PWDB019.MOSS*	<sup>1</sup> / <sub>2</sub> yard (0.46m)

\* includes binding

## Backing (Purchased Separately)

**44" (7.43m) wide**

Dew Drops	Aqua	PWDB021.AQUA	3 yards (2.74m)
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## Additional Recommendations

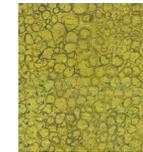
- 100% cotton thread in colors to match
- 51" x 61" (1.30m x 1.55m) batting



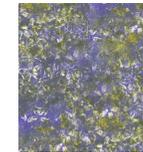
(A)



(B)



(C)



(D)



(E)



(F)



Backing  
44"

## Cutting

**WOF = Width of Fabric; LOF = Length of Fabric.**

### Fabric A, cut:

- (1) 2½" x WOF; sub-cut
- (2) 2½" x 10" strips
- (1) 20½" x LOF; sub-cut
- (1) 20½" x 53" panel
- (1) 10" x LOF; sub-cut
- (1) 10" x 53" panel

### Fabric B, cut:

- (4) 2½" x WOF; sub-cut
- (6) 2½" x 20" strips and (4) 2½" x 10" strips

### Fabric C and E, cut from each:

- (4) 2½" x WOF; sub-cut
- (6) 2½" x 20" strips and (2) 2½" x 10" strips

### Fabric D, cut:

- (4) 2½" x WOF; sub-cut
- (6) 2½" x 20" strips and (2) 2½" x 10" strips
- (3) 1¼" x WOF for framing strips

### Fabric F, cut:

- (6) 2½" x WOF for binding

## Instructions

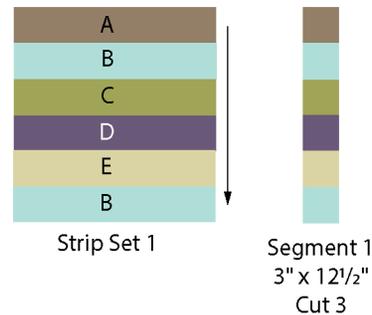
All seam allowances are ¼" and pieces are sewn right sides together. Press after each seam following the arrows.

### Strip Sets

**Note:** When sewing strip sets, keep one end of all the strips even to ensure the length of strip needed and alternate the direction of the seam with each addition to avoid the seams curving.

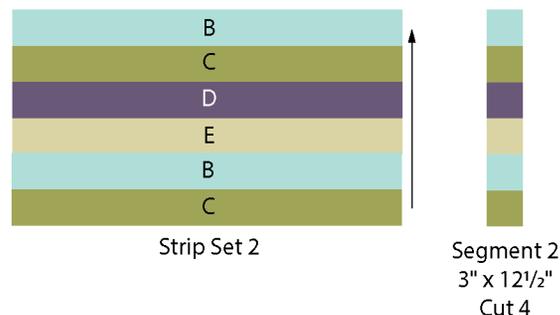
1. Sew together, in order as shown, (1) **Fabric A, B, C, D, E** and **B** 2½" x 10" strip, along the long edges to make Strip Set 1 (12½" x 20"). Cut (3) 3" x 12½" Segment 1. (**Fig. 1**)

**Fig. 1**



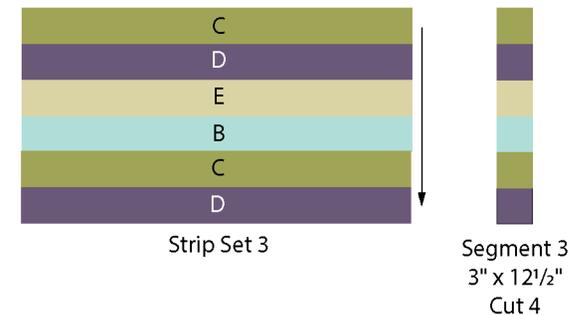
2. Sew together (1) **Fabric B, C, D, E, B** and **C** 2½" x 20" strip to make Strip Set 2 (12½" x 20"). Cut (4) 3" x 12½" Segment 2. (**Fig. 2**)

**Fig. 2**



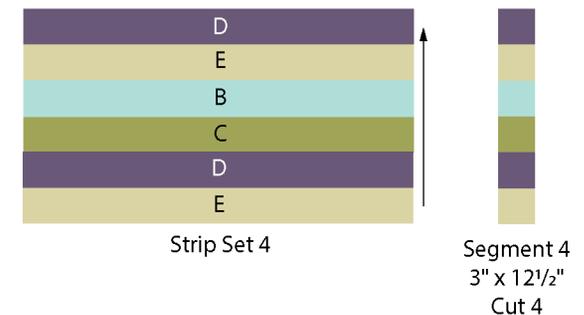
3. Sew together (1) **Fabric C, D, E, B, C** and **D** 2½" x 20" strip to make Strip Set 3 (12½" x 20"). Cut (4) 3" x 12½" Segment 3. (**Fig. 3**)

**Fig. 3**



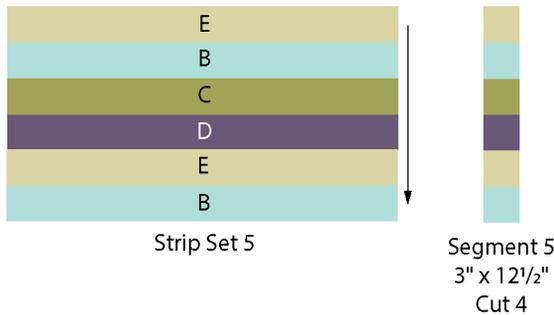
4. Sew together (1) **Fabric D, E, B, C, D** and **E** 2½" x 20" strip to make Strip Set 4 (12½" x 20"). Cut (4) 3" x 12½" Segment 4. (**Fig. 4**)

**Fig. 4**



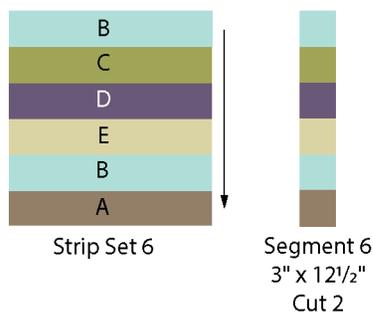
5. Sew together (1) **Fabric E, B, C, D, E** and **B** 2½" x 20" strip to make Strip Set 5 (12½" x 20"). Cut (4) 3" x 12½" Segment 5. (**Fig. 5**)

**Fig. 5**



6. Sew together, in order, (1) **Fabric B, C, D, E, B** and **A** 2½" x 10" strip, along the long edges to make Strip Set 1 (12½" x 20"). Cut (2) 3" x 12½" Segment 6. (**Fig. 6**)

**Fig. 6**



## Bargello Column

7. Lay out the Segments in the order shown in **Fig. 7** shown below. Sew the Segments together to complete the Bargello Column (12½" x 53").

## Quilt Top Assembly

**Note:** Follow the **Quilt Layout** diagram on page 5 while assembling the quilt.

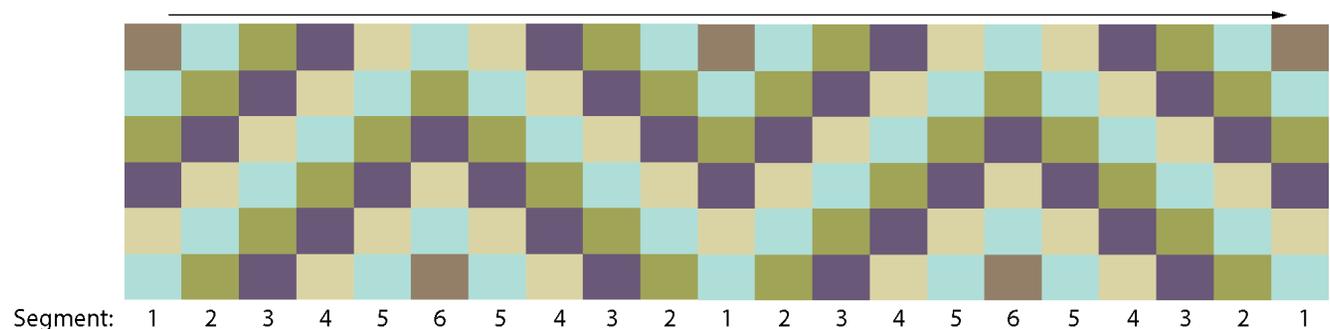
8. Sew together the **Fabric D** 1¼" strips, end to end, into a long strip. Cut 2 – 1¼" x 53" Framing Strips.
9. Sew together the **Fabric A** Panels, **Fabric D** Framing Strips and Bargello Column to complete the Quilt Top (43½" x 53").

## Finishing

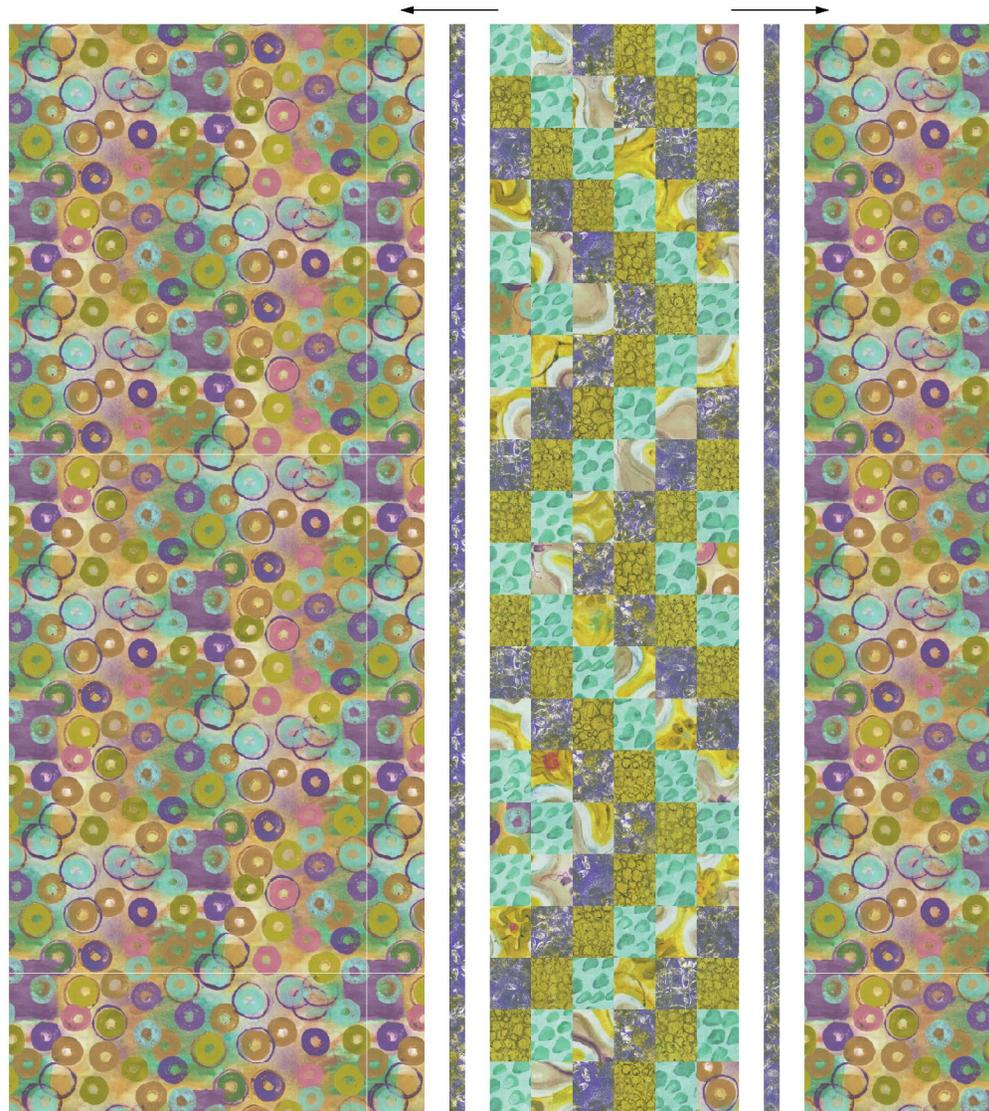
10. Sew together the 2½" **Fabric F** binding strips end-to-end using diagonal seams. Press seams open. Press the binding strip in half wrong sides together.

11. Layer backing (wrong side up), batting, and quilt top (right side up). Baste the layers together and quilt as desired. Trim excess batting and backing even with the top after quilting is completed.
12. Leaving an 8" tail of binding, sew the binding to the top of the quilt through all layers matching all raw edges. Miter corners. Stop approximately 12" from where you started. Lay both loose ends of binding flat along quilt edge. Where the loose ends meet, fold them back on themselves and press to form a crease. Using this crease as your stitching line, sew the two open ends of the binding right sides together. Trim seam to ¼" and press open. Finish sewing binding to quilt.
13. Turn the binding to the back of quilt and hand-stitch in place.

**Fig. 7**



## Quilt Layout



**Fabric A**  
20 1/2" x 53" Panel

**Fabric D**  
Framing Strip

**Fabric D**  
Framing Strip

**Fabric A**  
10" x 53" Panel