



*Free Spirit*

## Outdoor Adventures Quilt

Featuring Wanderlust by Maude Asbury

Easy HST (half-square triangle) blocks make a modern statement in this quick-to-stitch quilt. Travel-toned fabric prints from Maude Asbury's Wanderlust collection add extra whimsy to this design.

<b>Collection:</b>	Wanderlust by Maude Asbury
<b>Technique:</b>	Pieced
<b>Skill Level:</b>	Advanced Beginner
<b>Finished Size:</b>	<b>Finished Size of Project:</b> 60" x 70" (1.52m x 1.78m)
	<b>Finished Size of Block:</b> 10" x 10" (25.40cm x 25.40cm)

*All possible care has been taken to assure the accuracy of this pattern. We are not responsible for printing errors or the manner in which individual work varies. Please read the instructions carefully before starting this project. If kitting, it is recommended a sample is made to confirm accuracy.*

Project designed by FreeSpirit Fabrics | Tech edited by Alison M. Schmidt

## Fabric Requirements

DESIGN	COLOR	ITEM ID	YARDAGE
<b>(A) Bike Ride</b>	Charcoal	PWMA019.XCHARCOAL	1¾ yards (1.60m)
<b>(B) Soak Up the Sun</b>	Aqua	PWMA017.XAQUA	1 yard (0.91m)
<b>(C) Beach Balls</b>	Yellow	PWMA029.XYELLOW	1 yard (0.91m)
<b>(D) Stripe</b>	Multi	PWMA022.XMULTI*	1½ yards (1.03m)
<b>(E) Window Pane</b>	Teal	PWMA027.XTEAL	⅔ yard (0.61m)
<b>(F) Stars</b>	Orange	PWMA023.XORANGE	⅜ yard (0.34m)
<b>(G) Happy Campers</b>	Grey	PWMA020.XGREY	⅔ yard (0.60m)
<b>(H) Sky High</b>	Seafoam	PWMA026.XSEAFOAM	⅔ yard (0.60m)
<b>(I) Sail Away</b>	Blue	PWMA018.XBLUE	⅜ yard (0.34m)

\* includes binding

## Backing (Purchased Separately)

**44" (1.12m) wide**

Hit the Road Seafoam PWMA025.XSEAFOAM\*\* 4½ yards (4.11m)

**OR**

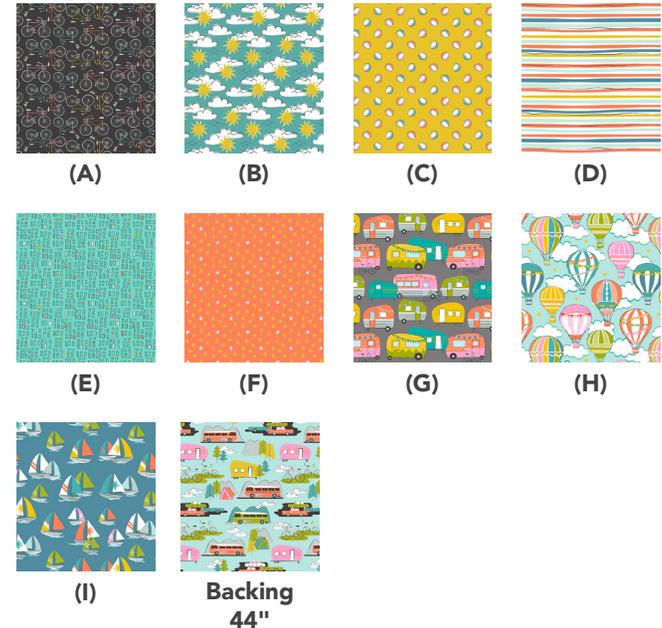
**108" (2.74m) wide**

2 yards (1.83m)

\*\* additional yardage may be required to match print along backing seam

## Additional Recommendations

- 100% cotton thread in colors to match
- 68" x 78" (1.73m x 1.98m) batting



## Cutting

**WOF = Width of Fabric**

**TIP:** Cut **Fabrics B-E** and **G-I** as indicated to ensure that fabric prints appear correctly in the finished quilt.

### Fabric A, cut:

- (3) 11" x WOF; sub-cut
  - (7) 11" squares. Cut each 11" square once diagonally, from corner to corner, to make (14) triangles.
  - From the remainder of one 11" x WOF strip, cut (9) 3½" squares and from another, cut (1) 3" x 10½" rectangle and (3) 3½" squares
- (1) 10½" x WOF; sub-cut
  - (13) 3" x 10½" rectangles (for a total of 14)
- (4) 3½" x WOF; sub-cut
  - (44) 3½" squares (for a total of 56).
  - Cut each 3½" square once diagonally, from corner to corner, to make (112) triangles.

### Fabrics B and C, cut:

- (2) 11" x WOF; sub-cut
  - (4) 11" squares. Place each 11" square right side up, with the print design right-reading. Cut (2) squares once diagonally, from upper left to lower right, and the other (2) squares once diagonally, from upper right to lower left, to make (8) triangles (**Fig. 1**). Two upper triangles will be extra.

**Fig. 1**



Trim the remainder of each 11" x WOF strip down to (3) 3½" x WOF, subcut (30) 3½" squares total from each fabric.

- (3) 3½" x WOF; sub-cut
  - (26) 3½" squares (for a total of 56 from each fabric). Place each 3½" square right side up, with the print design right-reading.
  - Cut (28) squares once diagonally, from upper left to lower right, and the other (28) squares once diagonally, from upper right to lower left, to make (112) triangles from each fabric.

### Fabric D, cut:

- (1) 11" x WOF; sub-cut
  - (2) 11" squares. Place each 11" square right side up, with the stripes running horizontally. Cut (1) 11" square once diagonally, from upper left to lower right, and the other square once diagonally, from upper right to lower left, to make (4) triangles. Two upper triangles will be extra.
  - From remaining yardage, cut enough 2¼"- wide bias strips to make 275" of bias binding (or if you prefer to make continuous bias binding, enough yardage has been allowed to cut a 27" square instead.)

### Fabrics E, G, and H, cut:

- (2) 11" x WOF; sub-cut
  - (4) 11" squares. Place each square right side up, with the print design right-reading. Cut (2) squares once diagonally, from upper left to lower right, and the other (2) squares once diagonally, from upper right to lower left, to make (8) triangles as shown in Figure 1. Two upper triangles will be extra.

### Fabric F, cut:

- (1) 11" x WOF; sub-cut
  - (3) 11" squares. Cut each square once diagonally, from corner to corner, to make (6) triangles.

### Fabric I, cut:

- (1) 11" x WOF; sub-cut
  - (2) 11" squares. Place each square right side up, with the print design right-reading. Cut (1) square once diagonally, from upper left to lower right, and the other square once diagonally, from upper right to lower left, to make (4) triangles.

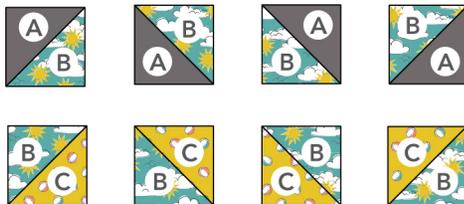
## Sewing

**Note:** All seam allowances are  $\frac{1}{4}$ " (.64cm) unless otherwise noted. Handle triangles gently so as not to distort bias edges. Sew pieces right sides together. Press seam allowances open or towards the darker fabric unless otherwise indicated by arrows.

## Border Blocks

1. Taking care to orient directional fabrics so they appear right-reading, arrange **Fabric B**  $3\frac{1}{2}$ " triangles with either **Fabric A** or **Fabric C**  $3\frac{1}{2}$ " triangles as shown (**Fig. 2**). Sew the triangles together along the diagonal edge. With the diagonal seam centered in the square and running corner to corner, trim the Half-Square Triangle (HST) unit to  $3" \times 3"$  including seam allowances. Make a total of (14) Small HST units in each fabric combination/orientation shown.

**Fig. 2**



**Small HST units**  
Make 14 of each combination.

2. Repeat Step 1 using **Fabric A** and **Fabric C**  $3\frac{1}{2}$ " triangles to make a total of (56) A/C Small HST units as shown. (**Fig. 3**).

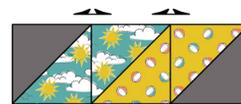
**Fig. 3**



**Small HST unit**  
Make 56.

3. Arrange (3) Small HST units in a single row as shown (**Fig. 4**). Sew the units together along adjacent edges. Make 14 rows.

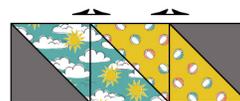
**Fig. 4**



Make 14.

4. Arrange (3) Small HST units in a single horizontal row as shown (**Fig. 5**). Sew the units together along adjacent edges. Make 14 rows.

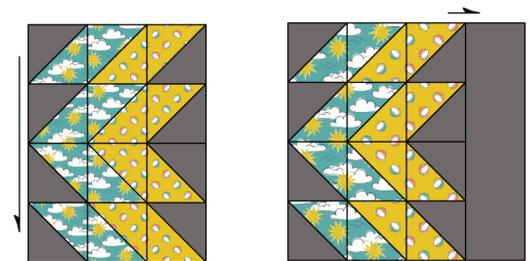
**Fig. 5**



Make 14.

5. Arrange (2) each of the step 3 and 4 rows in a single column as shown (**Fig. 6**). Sew the rows together along adjacent edges. Make (7) units. Sew a  $3" \times 10\frac{1}{2}"$  **Fabric A** rectangle to the right-hand side of each unit to complete the Left Border Blocks.

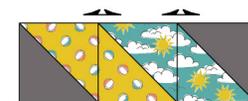
**Fig. 6**



**Left Border Blocks**  
Make 7.

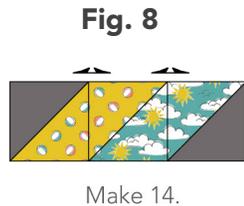
6. Arrange (3) Small HST units in a single row as shown (**Fig. 7**). Sew the units together along adjacent edges. Make 14 rows.

**Fig. 7**

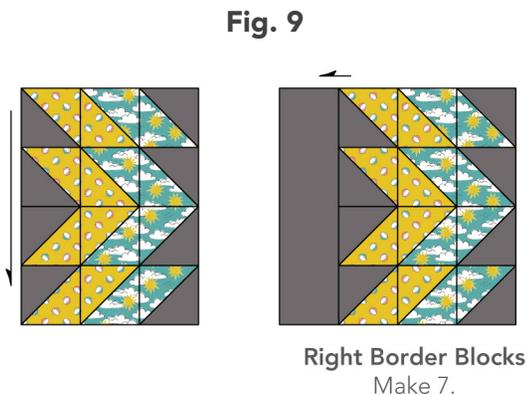


Make 14.

7. Arrange (3) Small HST units in a single row as shown (**Fig. 8**). Sew the units together along adjacent edges. Make 14 rows.



8. Arrange (2) each of the step 6 and 7 rows in a single column as shown (**Fig. 9**). Sew the rows together along adjacent edges. Make (7) units. Sew a 3" x 10½" **Fabric A** rectangle to the left-hand side of each unit to complete the Right Border Blocks.



## Large Half-Square Triangle Blocks

Refer to the **Quilt Layout** diagram (page 6) for final block orientation in order to choose and correctly orient the triangles cut from directional print so the prints are right-reading.

9. Noting fabric orientation, sew an 11" **Fabric A** triangle and an 11" **Fabric I** triangle together along the diagonal edges. Press. (Some **Fabric A** blocks will have the bicycles rotated.) With the diagonal seam centered in the square and running corner to corner, trim the Large Half-Square Triangle (HST) Block to 10½", including seam allowances. Repeat to make a total of (28) HST Blocks in the combinations shown in the **Quilt Layout** diagram.

## Top Assembly

10. Referring to the **Quilt Layout** diagram, arrange the Border Blocks and HST Blocks in (7) rows of (6) blocks each.
11. Sew the blocks in each row together along adjacent edges. Press.
12. Sew the rows together along adjacent edges. Press.

## Finishing

13. Sew the 2½" - wide **Fabric D** bias binding strips together end-to-end. Press the seams open. Press the binding strip in half wrong sides together.
14. Layer the backing (wrong side up), batting, and quilt top (right side up). Baste the layers together and quilt as desired. Trim excess batting and backing even with the quilt top after quilting is completed.
15. Leaving an 8" tail of binding, sew binding to top of quilt through all layers matching all raw edges. Miter corners. Stop approximately 12" from where you started. Lay both loose ends of binding flat along quilt edge. Where these two loose ends meet, fold them back on themselves and press to form a crease. Using this crease as your stitching line, sew the two open ends of the binding together right sides together. Trim seam to ¼" and press open. Finish sewing binding to quilt.
16. Turn the binding to the back of the quilt and hand stitch in place.

## Quilt Layout

