



Sunflowers

Featuring *St. John* by Jennifer Paganelli

Classic sunflower blocks take a modern spin when they feature these gorgeous contemporary fabrics. Copy Marsha's flowers exactly, or create other fabric combinations as you like!

Collection: *St. John* by Jennifer Paganelli

Technique: Piecing, appliqué

Skill Level: Intermediate

Finished Size: 63½" x 77" (161.29cm x 195.58cm)
Finished Block Size: 12" x 12" (30.48cm x 30.48cm)

Project designed by Marsha Evans Moore

Tech edited by Kathryn Patterson

Fabric Requirements

DESIGN	COLOR	ARTICLE CODE	YARDAGE
(A) Stephanie	Pink	PWJP144.PINKX	2 $\frac{3}{4}$ yards (2.17m)
(B) Abby	Citrine	PWJP145.CITRI	$\frac{1}{2}$ yard (45.72cm)
(C) Abby	Aqua	PWJP145.AQUAX	$\frac{1}{4}$ yard (22.86cm)
(D) Brenna	Aqua	PWJP146.AQUAX	$\frac{1}{2}$ yard (45.72cm)
(E) Bridgette	Pink	PWJP147.PINKX	$\frac{3}{8}$ yard (34.29cm)
(F) Bridgette	Juniper	PWJP147.JUNIP	$\frac{1}{4}$ yard (22.86cm)
(G) Holly	Citrine	PWJP149.CITRI	$\frac{1}{2}$ yard (45.72cm)
(H) Holly	Pink	PWJP149.PINKX	$\frac{3}{8}$ yard (34.29cm)
(I) Holly	Aqua	PWJP149.AQUAX	$\frac{3}{8}$ yard (34.29cm)
(J) Katealicia	Juniper	PWJP150.JUNIP	$\frac{3}{8}$ yard (34.29cm)
(K) Merav	Citrine	PWJP152.CITRI	$\frac{1}{4}$ yard (22.86cm)
(L) Merav	Aqua	PWJP152.AQUAX	$\frac{1}{4}$ yard (22.86cm)
(M) Liv	Pink	PWJP153.PINKX	$\frac{1}{4}$ yard (22.86cm)
(N) Liv	Juniper	PWJP153.JUNIP*	1 $\frac{3}{4}$ yards (1.60m)
(O) Solid	Sweet Pea	CSFSESS.SWEET	1 $\frac{1}{8}$ yards (1.02m)
(P) Solid	Candy	CSFSESS.CANDY	$\frac{7}{8}$ yard (80.01cm)
(Q) Solid	Caribbean	CSFSESS.CARIB	$\frac{7}{8}$ yard (80.01cm)

* includes binding

Backing (Purchased Separately)

44" (111.76cm) wide

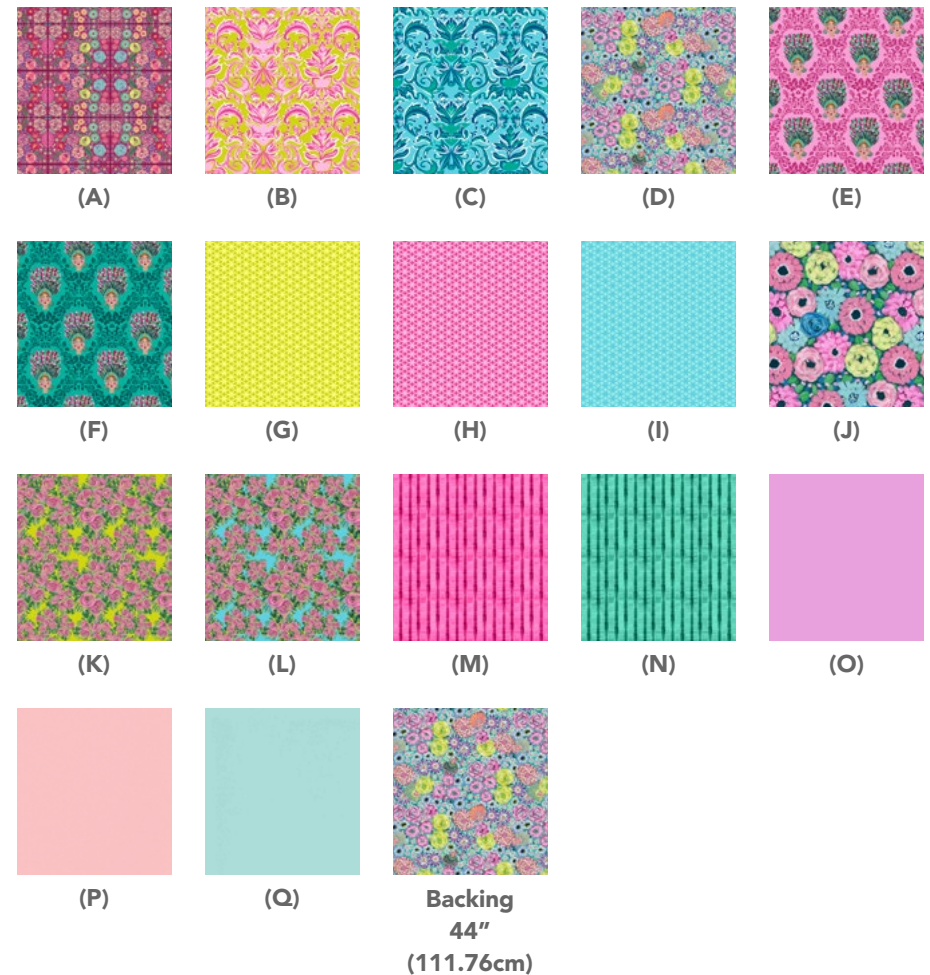
Brenna Aqua PWJP146.AQUAX 4 $\frac{3}{4}$ yards (4.35m)

OR

108" (274.32cm) wide 2 yards (1.83m)

Additional Requirements

- All-purpose thread
- 72" x 85" (182.88cm x 215.90cm) batting
- Template plastic
- Freezer paper
- Fabric glue stick



Cutting

WOF = Width of Fabric

- Remove fabric selvages before cutting. Note that several of the fabrics are directional prints; cut accordingly.
- Trace circle and petal shapes on template plastic and cut out to use as patterns.
- Read Cutting the Appliqué Circles before cutting circles from fabric.

Fabric A, cut:

(4) 4½" x 80" (11.43cm x 203.20cm) strips, cut lengthwise centered on motif stripes as shown
(6) Petals

Fabric B, cut:

(1) Circle
(30) Petals

Fabrics C and M, cut from each:

(18) Petals

Fabric D, cut:

(4) Circles
(18) Petals

Fabric E, cut:

(4) Circles
(12) Petals

Fabric F, cut:

(2) Circles
(12) Petals

Fabric G, cut:

(2) 2" x WOF (5.08cm x WOF); sub-cut (30) 2" (5.08cm) sashing squares
(30) Petals

Fabrics H and I, cut from each:

(30) Petals

Fabric J, cut:

(5) Circles
(12) Petals

Fabric K, cut:

(1) Circle
(6) Petals

Fabric L, cut:

(3) Circles
(6) Petals

Fabric N, cut:

(8) 2½" x WOF (6.35cm x WOF) binding strips
(17) 2" x WOF (5.08cm x WOF); sub-cut (49) 2" x 12½" (5.08cm x 31.75cm) sashing strips
(12) Petals

Fabric O, cut:

(3) 12½" x WOF (31.75cm x WOF); sub-cut (8) 12½" (31.75cm) squares

Fabrics P and Q, cut from each:

(2) 12½" x WOF (31.75cm x WOF); sub-cut (6) 12½" (31.75cm) squares

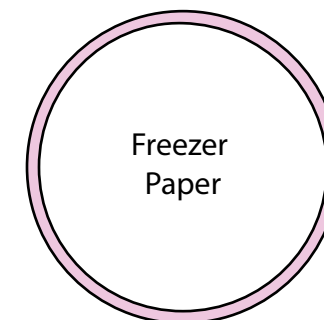
Instructions

All seam allowances are ¼" (.64cm) and pieces are sewn right sides together.

Cutting the Appliqué Circles

1. Trace 20 circles on dull side of freezer paper. Cut out the circles.
2. Press the circles to the wrong sides of the fabrics centering each over the motifs of the fabric as desired (**Fig. 1**).

Fig. 1



3. Cut out adding ¼" (.64cm) seam allowance outside the edge of the freezer paper.

Blocks

4. Arrange (6) **Fabric B** and (6) **Fabric G** petals, alternating, to form a circle. Sew petals together along long straight edges, starting at curved edges and stopping and backstitching at $\frac{1}{4}$ " (.64cm) from angled corner (**Fig. 2**). Join (12) petals in this manner (**Fig. 3**).

Fig. 2

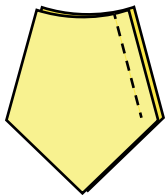
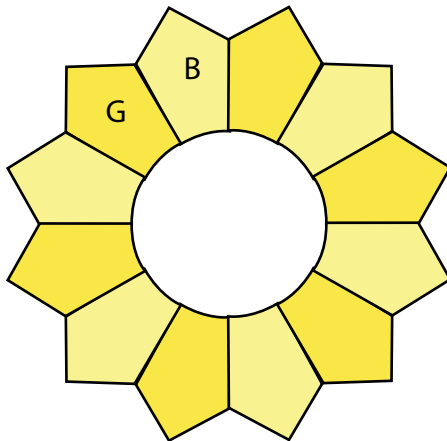
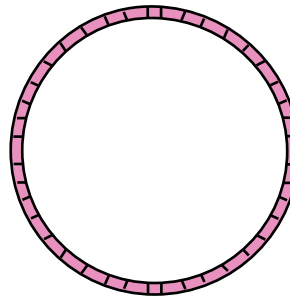


Fig. 3



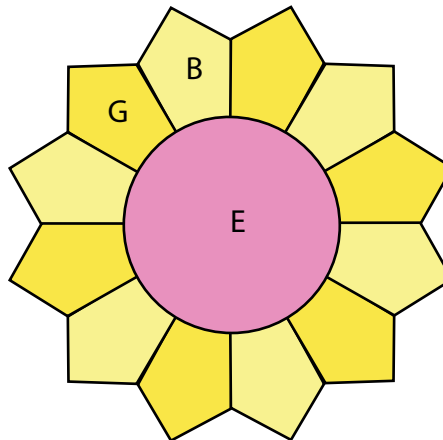
5. Fold the seam allowance of a **Fabric E** circle over the edge of the freezer paper (**Fig. 4**). Glue or baste in place.

Fig. 4



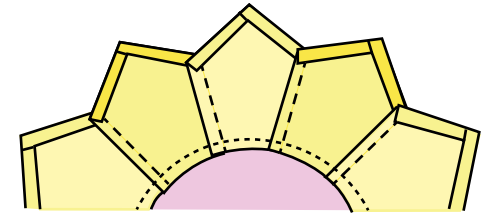
6. Place prepared circle over the center of the petal ring (**Fig. 5**). Appliqué the edge of the circle to the petals by hand (using slipstitches) or by machine (using a blind hem stitch).

Fig. 5



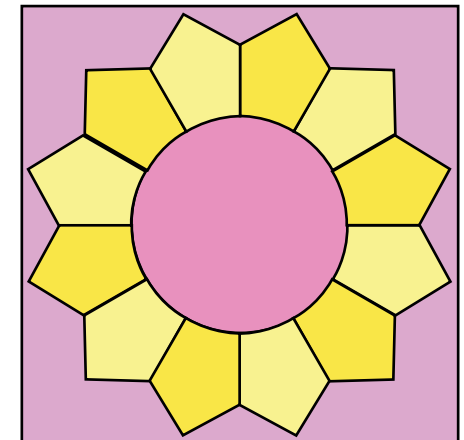
7. Press the outer straight petal edges under $\frac{1}{4}$ " (.64cm) as shown in **Figure 6**.

Fig. 6



8. Center the sunflower on a **Fabric O** square (**Fig. 7**). Appliqué the edges of the petals to the square.

Fig. 7



9. Repeat Steps 4 through 8 to make (20) total blocks, referring to **Quilt Layout** diagram on page 6 for fabric combinations.

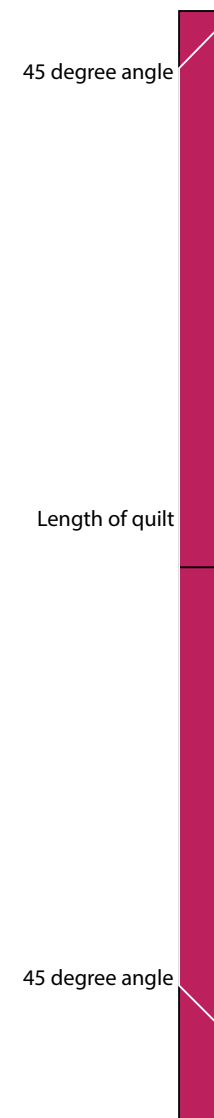
Quilt Top Assembly

10. Referring to the **Quilt Layout** diagram on page 6, arrange 5 vertical rows of 6 sashing squares and 5 sashing strips each. Arrange 4 vertical rows of 6 sashing strips and 5 blocks each..
11. Sew each vertical row together. Press the seams toward the sashing strips.
12. Sew rows together, matching the seams.
13. Sew a **Fabric A** strip to each side of quilt, matching centers and starting and stopping $\frac{1}{4}$ " (.64cm) from each edge of the quilt. DO NOT trim excess border length. Sew **Fabric A** strips to top and bottom of quilt, matching centers and starting and stopping $\frac{1}{4}$ " (.64cm) from each edge. DO NOT trim excess border length. Miter the corners, trimming excess border length after miters are sewn (**Fig. 8**) shown right.

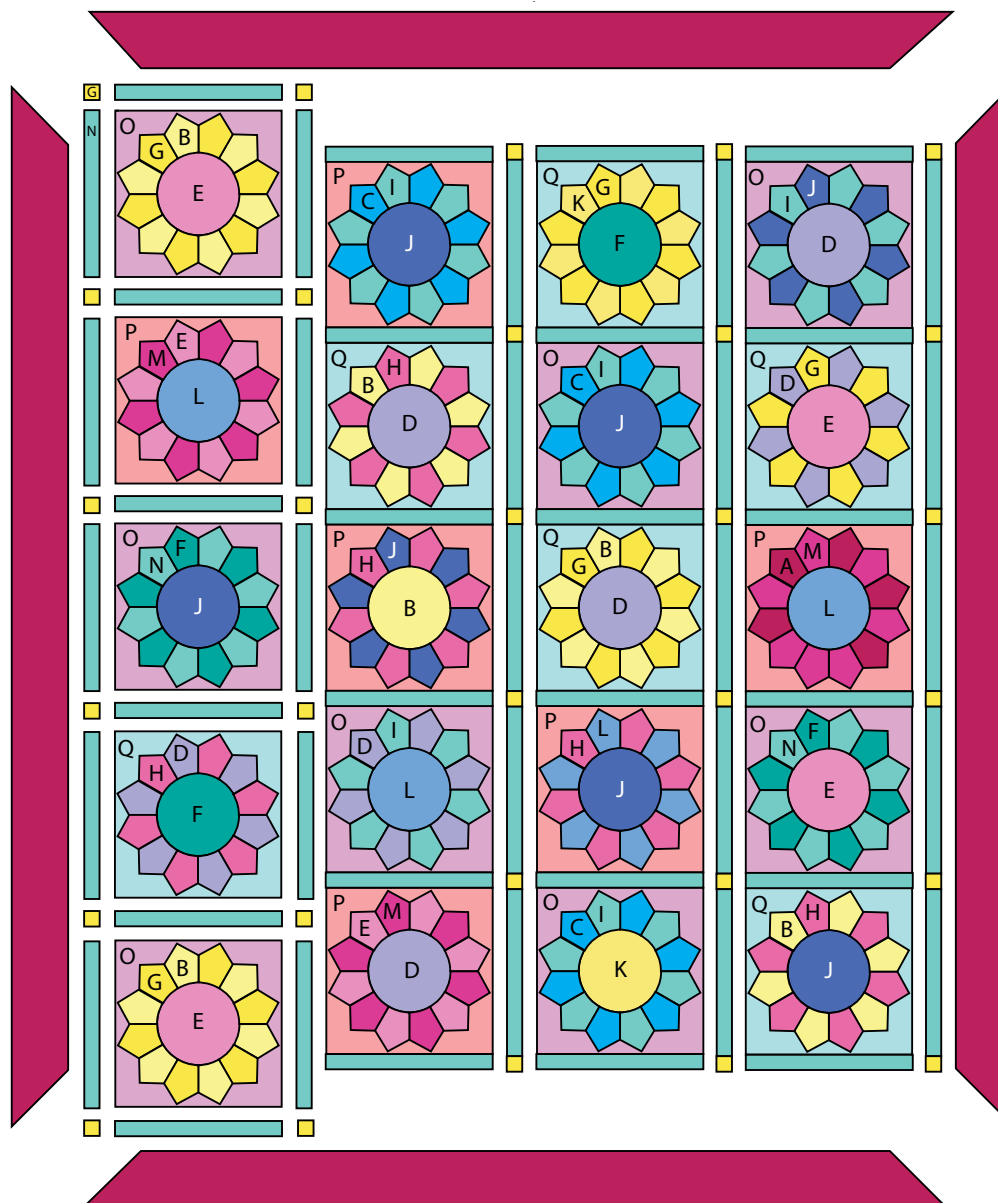
Finishing

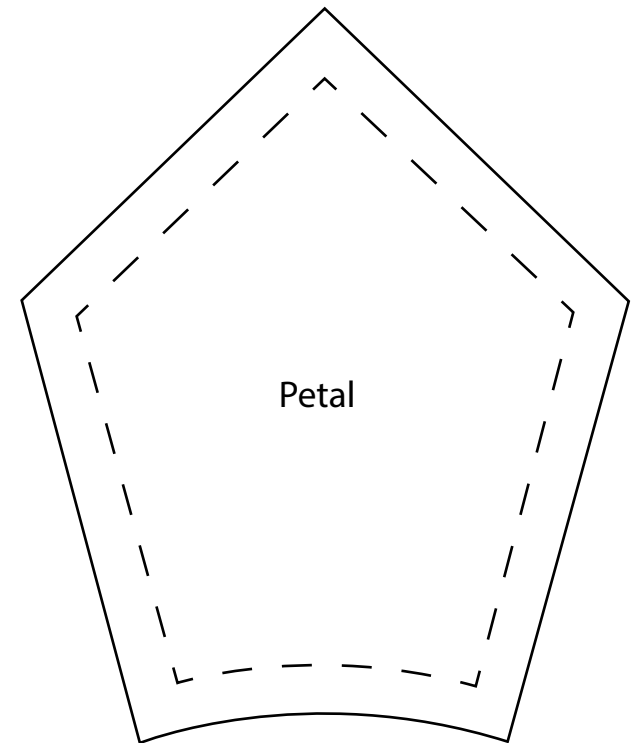
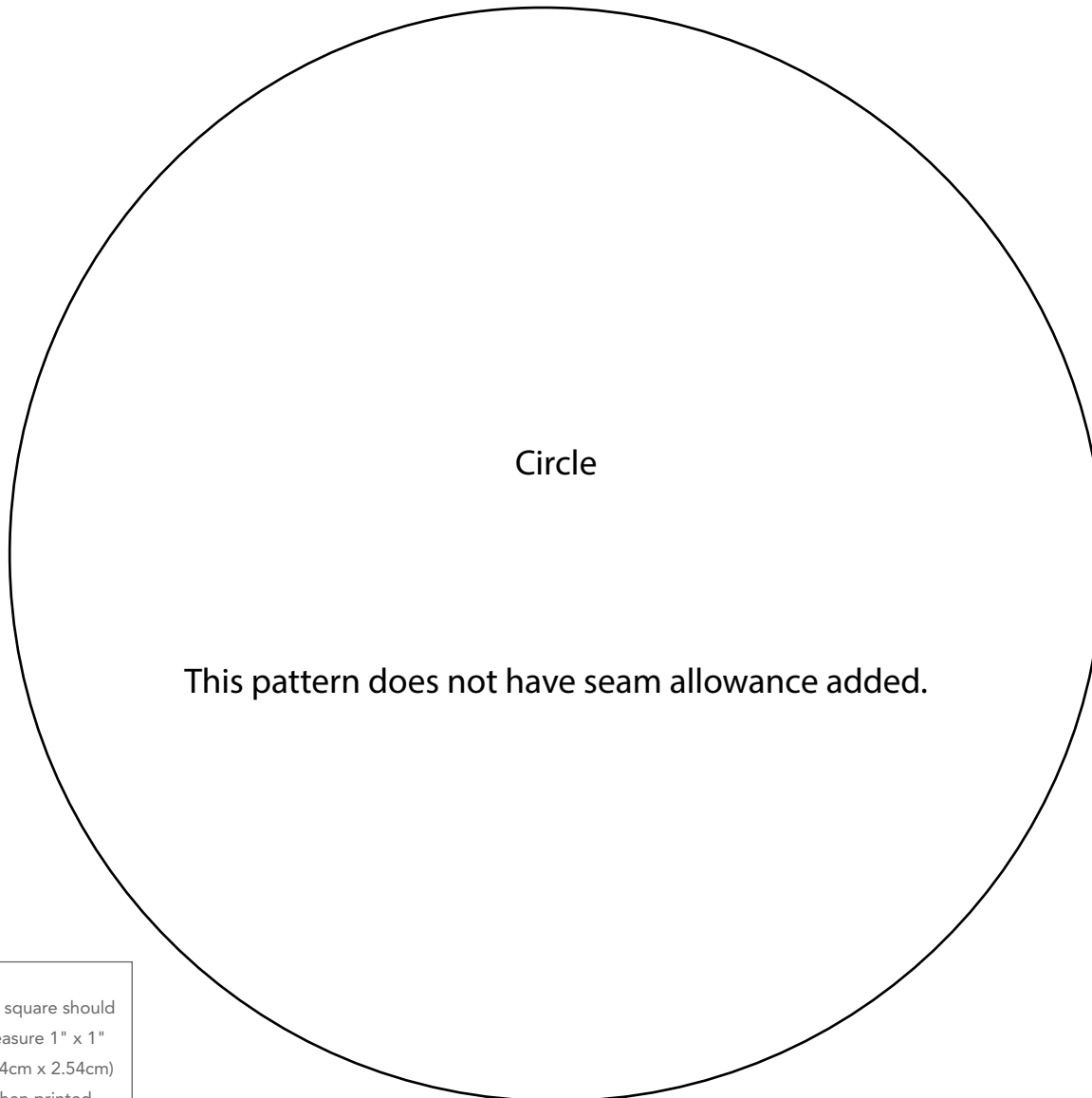
14. Sew together (8) **Fabric N** binding strips end to end. Press the seams open. Press the binding strip in half wrong sides together.
15. Layer the backing (wrong side up), batting, and quilt top (right side up). Baste the layers together and quilt as desired. Trim the excess batting and backing even with the top after quilting is completed.
16. Leaving an 8" (20.22cm) tail of binding, sew binding to top of quilt through all layers matching all raw edges. Miter corners. Stop approximately 12" (30.48cm) from where you started. Lay both loose ends of binding flat along quilt edge. Where these two loose ends meet, fold them back on themselves and press to form a crease. Using this crease as your stitching line, sew the two open ends of the binding right sides together. Trim seam to $\frac{1}{4}$ " (.64cm) and press open. Finish sewing binding to quilt.
17. Turn the binding to the back of the quilt and hand-stitch in place.

Fig. 8



Quilt Layout





This square should
measure 1" x 1"
(2.54cm x 2.54cm)
when printed.

***** Measure templates before cutting to confirm printing at 100%*****